

Ladder Safety

A third of all reported fall-from-height incidents involve ladders and stepladders – on average this accounts for 14 deaths and 1200 major injuries to workers each year. Many of these injuries are caused by inappropriate or incorrect use of the equipment.

Course Content

- Introduction
- Ladder/Stepladder vs Other Access Equipment Options
- Hierarchy of Controls
- Risk Assessment
- When/When Not to Use a Ladder/Stepladder
- Selecting/Buying Safe Ladders and Stability Devices
- Is your chosen place to use the Ladder/Stepladder safe?
- Condition of the Ladder/Stepladder
- Pre-use Checks & Detailed Visual Inspections
- Safety Precautions for Ladder/Stepladder Users

Learning Objectives

- To recognise when use of a Ladder/Stepladder is appropriate
- To select the right sort of Ladder/Stepladder for the job
- To establish that the Ladder/Stepladder is in a safe condition before use
- To understand how to use a Ladder/Stepladder
- To know how to look a Ladder/Stepladder
- To be aware of the Safety Precautions to be taken when using a Ladder/Stepladder

Course Duration

Approx. 2 hours

Booking & Enquiries

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