

*short courses, apprenticeships, health & safety, business & admin, supervisors & management, health & social care, fork-lift, nvqs, ict.*

[www.sigta.co.uk](http://www.sigta.co.uk)



## Working at Height Regulations

Falls from height remain the most common cause of workplace fatality. The Health and Safety Executive (HSE) report that in 2008/09, falling from height in the workplace resulted in 35 fatalities, 4,654 major injuries and 7,065 injuries resulting in three days or more being taken off work.

In 2011/2012, 173 workers were killed at work. Nearly 40% of these fatalities resulted from a fall from height.

Whenever there is a risk of a fall that is liable to cause personal injury, employers, the self-employed and any person who controls the work of others (such as facilities managers) must ensure that you comply with the Work at Height Regulations 2005.

### Course Content

- Working at Height legislation
- Employer and employee responsibilities
- Assessing the risk of working at height
- Selecting work equipment
- Risk reduction and control methods
- Safe use of access equipment
- Ladders and step ladders
- Accessing work platforms & mobile scaffold towers
- Methods of edge and fall protection

### Learning Objectives

- To understand Working at Height regulations and legal requirements
- To state the duties of employers and employees in ensuring safe work at height procedures
- To assess risk and select appropriate work equipment
- To ensure work at height is properly planned and organised
- To apply the hierarchy of control measures to work at heights

### Course Duration

0.5+ Days

### Booking & Enquiries

**Telephone:** 01273 416989

**Email:** [sales@sigta.co.uk](mailto:sales@sigta.co.uk)



*SIGTA Ltd, Abinger Road, Portslade, East Sussex BN41 1RZ  
Tel: 01273 416989 Fax: 01273 423982 E: [sales@sigta.co.uk](mailto:sales@sigta.co.uk)*