



FORK LIFT TRUCK

www.sigta.co.uk

SHORT COURSES

FOR THE NOVICE OPERATOR

Our course

Learn to operate the forklift truck safely and efficiently with our trained and certificated instructors.

More detail

This course has been approved by I.T.S.S.A.R. and meets the requirements of Regulation 9 of the Provision and Use for Work Equipment Regulations 1998. Training courses are available for counterbalance trucks at Sigta or for all types of industrial and rough terrain trucks on your site.

The course is validated by the application of the nationally accepted form of competence test. This course is designed for new operators who have no previous experience of truck driving but are ideally familiar with steering road vehicles.



Location:
At our training centre
in Portslade or on your
site.

ITSSAR approved.

3-5 days duration

What you will learn

- Safe driving skills
- To stack and de-stack a wide variety of loads under various conditions
- Appreciate the capabilities and limitations of the truck Understand and carry out daily and weekly maintenance routines
- hazards of fork truck operation and the means by which these hazards may be eliminated



Course includes

- Steering exercises
- Truck capabilities and safety rules
- Hydraulic systems, Load handling in racking Vehicle loading and unloading
- Pre-use check Stacking and de-stacking at ground level, eye level and high level in confined spaces
- Final assessment

