



CONFINED SPACES AWARENESS

www.sigta.co.uk

SHORT COURSES

A SAFER WORKPLACE

Our course

Recognising what a confined space is and implementing a safe system of work is essential to avoid dangerous situations. Our course will show you how to control these hazards in enclosed spaces.



Location:
At SIGTA in Portslade
or on your site.

Duration:
half day

Course content

- Identification of hazards and risk assessment
- An understanding of the regulations and legal requirements
- Breathing apparatus and respiratory equipment
- Rescue equipment and first aid
- Permit to work and authorisations
- Air sampling
- Designing a 'safe system of work'
- Case study (group work) based on real incident

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