



A SAFER WORKPLACE

Our course

Ladders are really useful pieces of equipment and most workplaces and homes have either a ladder or stepladder.

A third of all reported fall-from-height incidents involve ladders and stepladders. – on average this accounts for 14 deaths and 1200 major injuries to workers each year. Many of these injuries are caused by inappropriate or incorrect use of the equipment.

Our course will teach you how to use ladders safely.



Location:
At SIGTA in Portslade
or on your site.

Duration:
Two hours

Course content

- Ladder/Stepladder vs Other Access Equipment Options
- Hierarchy of Controls
- Risk Assessment
- When/When Not to Use a Ladder/Stepladder
- Selecting/Buying Safe Ladders and Stability Devices
- Is your chosen place to use the Ladder/Stepladder safe?
- Condition of the Ladder/Stepladder
- Pre-use Checks & Detailed Visual Inspections
- Safety Precautions for Ladder/Stepladder Users
- To select the right sort of Ladder/Stepladder for the job
- To understand how to use a Ladder/Stepladder
- To know how to look after a Ladder/Stepladder
- To be aware of the Safety Precautions to be taken when using a Ladder/Stepladder
- Responsibilities under the law

